

ENGAGE. LEARN. THRIVE.

# Movin'!

WITH STUDENT LIFE

## AUTUMN SEMESTER 2024

|      |                            |   |
|------|----------------------------|---|
| AUG  | <b>Aug. 19-23</b>          | <b>WELCOME WEEK</b>   |
|      | <b>Monday, Aug. 19</b>     | Dean's Convocation  |
|      | <b>Tuesday, Aug. 20</b>    | First day of classes  |
|      | <b>Tuesday, Aug. 27</b>    | Student Org Involvement Fair<br>Wellness Fair                               |
|      | <b>Wednesday, Aug. 28</b>  | Intro to Wellness with Welker   |
| SEPT | <b>Sept. 2-6</b>           | <b>STUDENT ORG ORIENTATION WEEK</b>   |
|      | <b>Wednesday, Sept. 4</b>  | Fall Intramural Interest Meeting  |
|      | <b>Friday, Sept. 6</b>     | United Way Day of Caring  |
|      | <b>Wednesday, Sept. 11</b> | Wellness with Welker: Career Wellness with Rachel Richardson                |
|      | <b>Thursday, Sept. 12</b>  | WeServe: Fall into Service Volunteer Fair                                   |
|      | <b>Sept. 15-20</b>         | <b>CAREER WEEK</b>  |
|      | <b>Thursday, Sept. 19</b>  | Ohio Caverns Trip   |
|      | <b>Monday, Sept. 23</b>    | Meet the Homecoming Court – Voter Registration                              |
|      | <b>Wednesday, Sept. 25</b> | Wellness with Welker: Alumni Connection Lunch                               |
|      | <b>Sept. 30-Oct. 2</b>     | Homecoming Court Voting   |
| OCT  | <b>Wednesday, Oct. 9</b>   | Wellness with Welker: Canvas painting tutorial                              |
|      | <b>Oct. 21-26</b>          | <b>HOMECOMING WEEK</b>  |
|      | <b>Wednesday, Oct. 23</b>  | Wellness with Welker: Buckeye tie-dye<br>Winter Intramural Interest Meeting |
|      | <b>Thursday, Oct. 31</b>   | Halloween Costume Party and Fun Run   |
|      | <b>Nov. 4-8</b>            | <b>WESERVE: FALL INTO SERVICE</b>   |
| NOV  | <b>Wednesday, Nov. 6</b>   | Wellness with Welker: Speed Meeting   |
|      | <b>Friday, Nov. 8</b>      | National First-Generation College Student Day                               |
|      | <b>Monday, Nov. 18</b>     | Teaching Excellence Award Kickoff   |
|      | <b>Wednesday, Nov. 20</b>  | Friendsgiving Potluck   |
| DEC  | <b>Nov. 25-30</b>          | <b>BEAT MICHIGAN WEEK</b>   |
|      | <b>Dec. 2-6</b>            | <b>BUST A MOVE – IT'S FINALS WEEK</b>                                       |
|      | <b>Wednesday, Dec. 4</b>   | Wellness with Welker: Hip Hop Dance Class                                   |

## Signature WEEKS

Serving students for the best outside-of-the-classroom experiences.

Each Signature Week will be filled with a variety of activities such as trivia, bingo, food, dance classes, crafts, relaxation, wellness, coffee, games, campfires, road trips, various drives, leadership, adulting, WeServe, candy, movies, music and more.

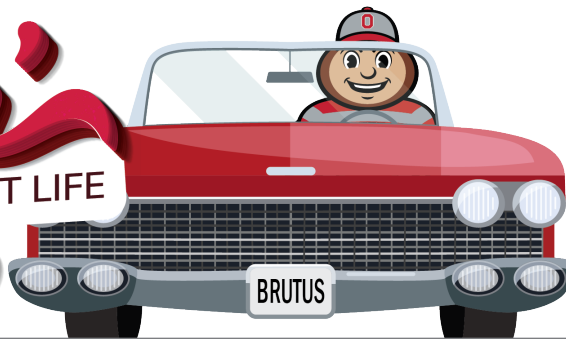
Check out the What's Happening email and posting sites for details and updates.



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## SPRING SEMESTER 2025

|                     |                    |   |
|---------------------|--------------------|---|
| JAN                 | Jan. 6-10          | <b>COME CHILL WITH US WEEK</b>                            |
|                     | Monday, Jan. 6     | First day of classes                                      |
|                     | Wednesday, Jan. 15 | Wellness with Welker: Cooking Demo                        |
|                     | Thursday, Jan. 16  | Spring Intramural Interest Meeting                        |
|                     | Thursday, Jan. 23  | Spring Wellness Fair                                      |
| FEB                 | Wednesday, Jan. 29 | Wellness with Welker: Fitness Challenge                   |
|                     | Monday, Feb. 3     | Violet I. Meek Student Leadership Award nominations open  |
|                     | Wednesday, Feb. 5  | Peanut Butter Bash – Black History Month Kickoff          |
|                     | Feb. TBD           | Snowtubing trip   |
|                     | Feb. 10-14         | <b>WESERVE: SPRING INTO SERVICE</b>                       |
|                     | Wednesday, Feb. 12 | Wellness with Welker: DIY Zen Gardens                     |
|                     | Friday, Feb. 14    | Homecoming 2025 applications open                         |
|                     | Wednesday, Feb. 26 | Wellness with Welker: Buckeye Paws                        |
|                     | Feb. TBD           | Taste of OSU  |
|                     | MAR                | March 3-7   |
| Monday, March 17    |                    | St. Paddy's Day Potato Bar                                |
| March-May           |                    | Spring Career Readiness Seminar Series                    |
| Tuesday, March 25   |                    | Mock Interviews (via Zoom)                                |
| Wednesday, March 26 |                    | Mock Interviews (via Zoom)<br>Basketball Skills Challenge |
| APRIL               | Thursday, March 27 | Basketball Skills Challenge                               |
|                     | Tuesday, April 1   | Fool's Fest   |
|                     | Wednesday, April 2 | Wellness with Welker: Plant Your Future                   |
|                     | Tuesday, April 8   | Ohio Intern and Co-op Appreciation Day                    |
|                     | Wednesday, April 9 | Wellness with Welker: Prairie Cleanup                     |
|                     | April 14-18        | <b>SESH FEST WEEK</b>                                     |
|                     | Friday, April 25   | Academic Celebration                                      |



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## RECREATION AND INTRAMURALS

### Recreation Open Gyms

**AUTUMN (5-8 p.m.)**  
 Volleyball: Mondays  
 Basketball: Wednesdays  
**SPRING (5-8 p.m.)**  
 Volleyball: Mondays

### Intramurals

**AUTUMN**  
 Flag Football, Golf, Softball,  
 Volleyball  
**SPRING**  
 Basketball, Indoor Soccer, Bowling

**BUCKEYE PANTRY**

Wednesdays and Thursdays | 11 a.m.-1 p.m.  
 Student Services Center, north side  
*Special appointments by request. Contact Justin F. Courtney.*



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