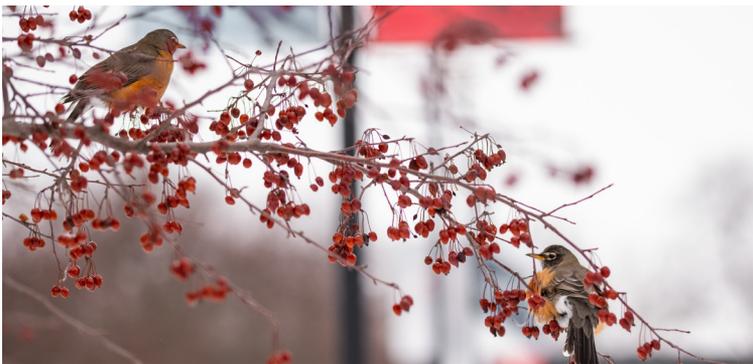


THE OHIO STATE UNIVERSITY AT LIMA

Lifelong Learning INSTITUTE



Featured Courses for spring 2026

John Dillinger, Drumming for Wellness

Artspace: 250 Years of Art – Then and Now

Navigating Insurance in Retirement

Revolutionary War, Ohio State Lima History

The Birds and the Kennedy Era



THE OHIO STATE
UNIVERSITY

LIMA

Classes are held on the Ohio State Lima campus
Student Services Center, Room 120A

*Sponsored by the Road Scholar Institute and
The Ohio State University at Lima*

About Lifelong Learning

AT OHIO STATE LIMA

The Lifelong Learning Institute (LLI) at The Ohio State University at Lima is a program of the Road Scholar Institute and offers classes for mature adults on four Tuesdays and Thursdays in April and October each year. LLI is an independent volunteer organization sponsored by Ohio State Lima since 1991.

Individual classes last one and one half hours and meet at the same time each week. You may sign up for as many or as few classes as you wish. Since classroom size is limited, please register early for the courses you plan to attend.

LLI contributes a portion of the tuition you pay to the Lifelong Learning Institute Scholarship Fund for nontraditional students at Ohio State Lima.



Review the courses and register online at go.osu.edu/llispring2026 or complete and return the registration form on page 11. We can now take credit card payments online.

COSTS | Registration fee of \$40 whether you register for one course or six courses.

REGISTRATION DEADLINE | March 30, 2026. Registrations are accepted on a first-come, first-served basis to a maximum of 50 persons per class.

REFUNDS | You may receive a refund (minus a \$5 processing fee) if you withdraw at least 48 hours before the programs are scheduled to begin.

PARKING | Parking is available around the Student Services Building and in lots C and D.

CLASSROOM | Room 120A, Student Services Center, No. 1 on map.

LUNCH | At local restaurants or bring your own.

QUESTIONS | Call 567-242-7274 or visit our website at go.osu.edu/ohiostatelimalli.

Lifelong Learning Institute Administration

The Ohio State University
at Lima

LLI Officers

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Hospitality

Bonnie Oatman, *chair*

Linda Reif

Kathryn Herman

Kathy Fought

Lois McKnight

Ohio State Lima Liaison

Bryan Albright

10:00 to 11:30 a.m.

April 7

John Dillinger

MODERATOR | Karlyn Lauer

Ever wonder what John Dillinger was doing in Allen County? Learn about his time here and the events that transpired.

April 14

Supporting Fair Trade on a Personal Basis

MODERATOR | Wendy Chappell-Dick

World Goods Et-Cetera (formerly 10,000 villages) is a store in Bluffton “where your purchase does a world of good.” Hear Wendy tell stories of women from countries such as Honduras, Ecuador, Haiti and many in Africa and Asia and how they support their families from fair trade sales. The story of how the idea started and who began it is a testament to human care.

April 21

How Does the GI Tract Work and What To Do When It Doesn't

MODERATOR | Dr. Norman O. Moser

We will discuss normal GI tract physiology, why gastric ulcers form and how to prevent them, and GERD and how to prevent it.

April 28

Drumming for Wellness

MODERATOR | Austin Thomas, lecturer in music

The Drumming for Wellness program introduces students to the therapeutic, psychological and social benefits of rhythm-based practices. Students explore how music can be used as a tool for wellness, stress reduction and community engagement, partnered with the Mercy Health-St. Rita's Parkinson's disease cohort.



1:00 to 2:30 p.m.

April 7

Tunisian Adventure

MODERATOR | Judy Fischer

Join Judy for her adventure to Tunisia and the Sahara Desert.

April 14

The Declaration of Independence – Beyond the Words

MODERATOR | Chuck Schierloh

“When in the course of human events, it becomes necessary for one people to dissolve the political bands which have connected them with another...”

We all know the words of the Declaration of Independence. In this session we will go deeper and see where these words come from and what they mean and imply for our nation.



April 21

Artspace America 250 Art Presentation

MODERATOR | Sally Windle, executive director of ArtSpace/Lima

As the nation marks its 250th anniversary, explore the art of the late 1700s, the time when America was defining its identity and voice. This presentation will highlight the artistic styles, symbols and stories of 250 years ago, showing how painters, craftsmen and designers reflected the ideals, struggles and hopes of a young nation. By looking at the art created during America's founding era, we celebrate not only history, but the enduring power of creativity to express who we are as a people and how art continues to shape our national story.

April 28

Navigating Insurance in Retirement: What Seniors Should Know

MODERATOR | Dan Brookman, Matt Johnston and Jon Wade

A practical conversation about long-term care, Medicare supplements and

personal insurance focused on explaining what these coverages do and why they work the way they do. Helping seniors stay confident and well protected as their needs change in retirement.

2:45 to 4:15 p.m.

April 7

A Life of Service

MODERATOR | Don Klingler

The breakdown: Service to my country (including flying the presidential helicopter); service to my community (general manager of the Allen County Fairgrounds); service to Ohio (executive director of the Ohio Fair Managers Association); service to my fellow man (growing food as a farmer).

April 14

The Future of Medicine

MODERATOR | Adah Ellerbrock

Have you ever wondered where the medicines you take every day got their start? Explore how everyday medicines begin through clinical research with Care Access, a global health research company. The program brings health screenings directly to communities, offering testing for some standard biomarkers, like cholesterol and A1C, but also some cutting-edge biomarkers like Lipoprotein(a) and p-Tau that are the next generation of markers the medical community will use to assess risk for cardiovascular disease and Alzheimer's disease.

April 21

The Fife and Drum of the Revolutionary War

MODERATOR | Lucinda Altstaetter

Lucy will present some history of the flute up to and including the time of the fife and drum of the Revolutionary War. Lucy will bring and play a fife which is said to have been handed down by her ancestor, Lt. Colonel Jacob Reed, who was involved in training soldiers at his cabin in Stark County for their part in the war.



April 28

From the Mount Vernon Kitchen

MODERATOR | Brian Keegan

Our first presidential family enjoyed a varied menu based primarily on local foods much of which was grown in their own garden. Many of their recipes survive, including Mount Vernon Gingerbread. Brian will walk the group through the preparation of this family staple and samples will be in evidence.

THURSDAYS | APRIL 9, 16, 23, 30

10:00 to 11:30 a.m.

April 9

Mammals in Ohio

MODERATOR | Haley Williams

Wildlife surrounds us every day, even when it goes unnoticed. This program explores the diversity of mammals around us and what they do in their environment. By comparing different species, we can gain a clearer understanding of the different roles that are filled by these animals.



April 16

Revisiting Lima's Interurban Era

MODERATOR | Mike Buettner

Lima's interurban and street railways played a major role in the economic and social growth of Allen County. This program will revisit the interurban lines that radiated from Lima in six directions with old and new photos, plus vintage postcards, maps and timetables.

April 23

The Salvation Army

MODERATORS | Charity and Philip Bender and Paul Downing

The Salvation Army is, first of all, a church and includes Sunday school classes for adults and children as well as Bible study classes. They also sponsor many programs such as the Christmas Red Kettle Campaign, Christmas in July, the annual car show, and the Angel Tree Program.



April 30

An In-Depth Look at the Ohio State Lima Campus History

MODERATOR | Dr. Tina Schneider

As Ohio State Lima celebrates its 65th anniversary, Dr. Schneider will provide an in-depth look at the campus' history.

1:00 to 2:30 p.m.

April 9

Navigating the Senior Living Environment

MODERATORS | Jessica Trinko and Samantha Kerner

This program is designed to help individuals understand and manage the complexities of senior living options. It provides guidance and resources for making informed decisions about care, housing and support for older adults as well as information on how to pay for care.

April 16

The Significance of George Washington's Presidency

MODERATOR | Dr. Brian Himebaugh, lecturer in history

Many people consider George Washington one of the greatest presidents in American history, but few fully understand why he deserves such accolades. Washington



set numerous precedents for future presidents to follow, strengthening governmental institutions at the outset of the nation and guaranteeing the survival of the Constitution of 1787.

April 23

Regulating Wildlife

MODERATOR | Officer Craig Barr, Allen County Wildlife Officer

Join Officer Craig Barr as we discuss the enforcement of wildlife regulations in Ohio and Allen County. Craig will share his 21-year experience in the field as he discusses the sustainable use of Ohio's natural resources and notable law enforcement cases from his career.

April 30

Artspace: 250 Years of Art – Then and Now

MODERATOR | Sally Windle, executive director of ArtSpace/Lima

In celebration of America's 250th anniversary, Artspace will present a visual and engaging program comparing the art of 250 years ago with the art being created today. Explore how artists of the late 1700s expressed identity, history and everyday life, and how contemporary artists continue to do the same using modern tools, materials and ideas. By placing historic and modern works side by side, we will highlight what has changed in artistic style and technique and what has remained timeless: creativity, storytelling and the desire to reflect the world around us. This program invites viewers to see how art connects generations and how each era leaves its mark on culture.

2:45 to 4:15 p.m.

April 9

Hitchcock's *The Birds* and the Kennedy Era

MODERATOR | Dr. John Hellmann, professor of English

The presentation will demonstrate that in the only film that Alfred Hitchcock made and released during John F. Kennedy's brief presidency (1961-63), the "master of suspense" spun contemporaneous slogans, icons and events with the apocalyptic logic of the horror genre. Since those same slogans, icons and events signified emerging



discontents with the postwar social order that would subsequently erupt into the apocalyptic 1960s, *The Birds* (1963) now appears prophetic.

April 16

Vaccination – History and Future

MODERATOR | Dr. Will Ellis

Dr. Ellis will review vaccinations and their success and failures. He will talk about the development of modern vaccines, vaccine issues and the future of vaccines.

April 23

What Can I Do to Stay Healthy

MODERATOR | Dr. Kelly Schroeder

Do you have questions about what you could do to keep your health maintenance up to date? What are your options for colon cancer screening, what vaccines are you due for, what testing is available for breast cancer screening, is a PSA (prostate screening antigen) necessary? We will address these questions and many more!



April 30

Bridges of Allen County

MODERATOR | Scott Little

When you cross over a bridge do you ever think about why they put it there and why they chose that type of bridge? Scott will share his knowledge of the bridges of Allen County.

LLI Registration Form

Registration Deadline: **March 30, 2026**

You can now register and pay online at go.osu.edu/llispring2026 or make checks payable to **The Ohio State University** and mail to
The Ohio State University at Lima
Office of Continuing Education
4240 Campus Drive, PS 208
Lima, OH 45804

Name _____

Address _____

City _____

State _____ Zip _____

Daytime Telephone _____

Email _____

I would like to enroll in the following course(s):

TUESDAYS (CIRCLE THE DATES YOU PLAN TO ATTEND)

___ 10:00-11:30 a.m. **APRIL 7, 14, 21, 28**

___ 1:00-2:30 p.m. **APRIL 7, 14, 21, 28**

___ 2:45-4:15 p.m. **APRIL 7, 14, 21, 28**

THURSDAYS (CIRCLE THE DATES YOU PLAN TO ATTEND)

___ 10:00-11:30 a.m. **APRIL 9, 16, 23, 30**

___ 1:00-2:30 p.m. **APRIL 9, 16, 23, 30**

___ 2:45-4:15 p.m. **APRIL 9, 16, 23, 30**



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